

AI SUPREMACY



*By Michael Spencer & Wyndo
August 5, 2025*

Guides 🐕

What Can We Learn from AI Interface Natives?

The *AI Sherpa* journey of the *Mind-Melders* clan feels totally different.



The original Star Trek – Spock doing what Vulcans do best.

Around 2.5 years after ChatGPT went live, a new breed of “AI sherpa” accounts began appearing on Substack. They were unlike earlier AI commentators:

- Not technical or purely news-oriented
- Focused on the *human interface* between psychology, cognition, and AI
- Exploring how people and AI could share awareness
- At scale, this is a vast, collective experiment — potentially millions of people worldwide — though not yet a lucid one.

Mind Melders



To distinguish them from *AI sherpas* (tool-guide makers), we call these creators **Mind Melders** of the AI Interface.

Are AI Augments Real? 🧐

The “mind meld” comes from Star Trek — a telepathic link that shares thoughts and feelings, merging consciousness.

Now imagine: AI and user become **symbiotic** in a new way. Not sycophancy — but a shared *identity of awareness*.

Hard-core daily users are already doing this *organically*. But what if it were done *intentionally*?

What These Writers Teach

Writers like **Wyndo** and **Signull** guide us in:

- Thinking differently in the Generative AI era
- Developing *self-awareness, leverage, agency, and augmentation*
- Understanding a new *psychology of being with AI*

A New Genre of AI Educators

Key Themes:

1. Self-awareness at the AI interface
2. Leverage
3. Agency
4. Augmentation
5. Embodied Problem-Solving (SLAAP framework)

Spotlight: Wyndo — The AI Maker



- Publishes *The AI Maker* newsletter
- Helps knowledge workers **implement AI effectively without technical expertise**
- Builds **AI-augmented workflows** that enhance capabilities instead of replacing them
- **Core message:** AI can be a trusted thinking partner, not just an automation tool.

Notable Articles by Wyndo

- How I Used *Atomic Habits* to Build 15 AI Systems That Run My Life
 - How I Turned AI Into My Personal Operating System for Work
 - How I Learned Complex Topics 10x Faster with NotebookLM
 - My AI Therapy Workflow
 - Forget Prompting Techniques: How to Make AI Your Thinking Partner
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From Mentats to AI Natives

In *Dune*, Mentats are human computers — masters of logic and cognition. The big question:

- Will the “Mentats” of Generative AI be *context engineers*?
 - Or will they develop a **meta-cognitive and philosophical** setup
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Access Is No Longer the Commodity — Fluency Is

In 2025, AI fluency becomes a *core life skill*. For AI natives:

- AI is part of life-management and cognition
 - Long-term use changes how people think and act
 - Technology interaction becomes more fluid, almost instinctive
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Practical Benefits

Using AI to:

- Overcome cognitive blind spots
 - Audit workflows
 - Build resilience and adaptability at life crossroads
 - Improve decision-making through strategic AI use
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Join the Conversation

- [*AI Vanguard Society*](#) — deeper discussions, polls, and interactions on AI (hosted on Mighty Networks)